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Linda Meeks and Philip Heit are emeritus professors of Health Education in the College of Education at The Ohio State



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Prof. Linda B. Meeks is Co-CEO and  
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**(Book, 2005) [WorldCat.org]**

Meeks heit health and wellness: 6.  
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I am a Certified Health and Wellness Coach from Wellcoaches, Inc. Prior to starting Weikel Health and Wellness I worked at the world renowned Duke Diet and Fitness Center as a behavioral health clinician and lifestyle coach. There I gained expertise in weight

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